



OVER A BREW

...and a call to action

Putting people at the heart of care and support and growing coproduction

The Putting People at the Heart of Care and Support Working group across the East met with the “Over a Brew” coproduction members in September 2023 and from listening to feedback from people who access care and support committed to some initial actions which will help us grow co-production in local areas, the commitments are:



Share the learning and experience from the joint session with local areas and other regional networks.



Strive to increase the voices of people with lived experience, grow and see more evidence for change.



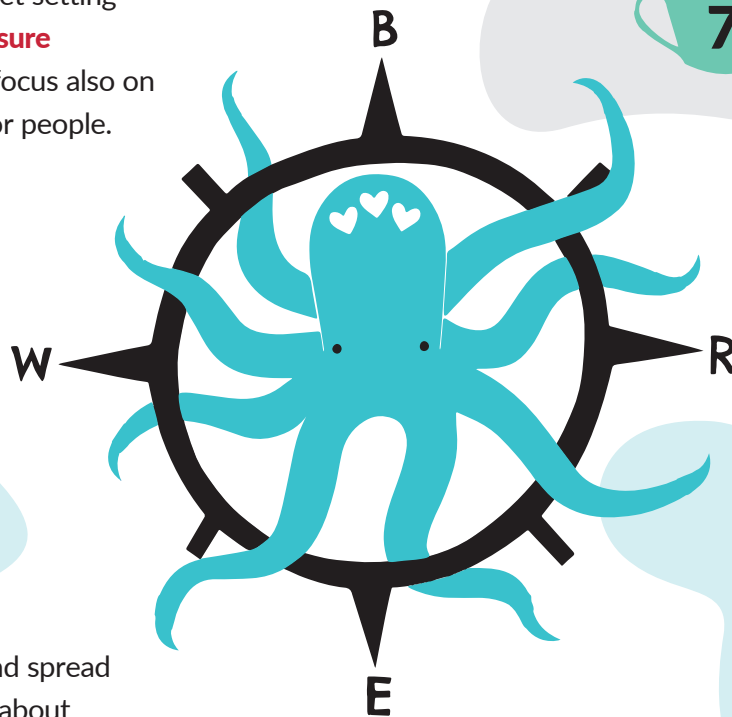
During budget setting meetings **ensure** discussions focus also on good lives for people.



Build an “Over a Brew” opportunity in the local area.



Ask five social workers/ occupational therapists to assess themselves, feedback on how it felt and then ask more.



Bring unpublished ideas to completion.



Commit to have used the Working Together for Change methodology for co-production.



Attend and spread the word about “Over a Brew” virtual co-production sessions.



Identify co-production champions in local areas.



Implement the concept, people with lived experience become local inspectors (including young inspectors).

We will review these in 6 months' time.

For more information about “Over a Brew”, please see [here](#).

**CURATORS
OF CHANGE**

directors of
adass
adult social services
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