

**SELF
DIRECTED
FUTURES**

INDIVIDUAL SERVICE FUNDS – COMMISSIONING LESSONS



ABOUT ME

- In the early part of my career I worked in a range of settings with people providing support – I was a support worker in NHS inpatient units, involved in homecare, residential care, supported housing, day services and worked as a personal assistant and also ended up managing these 'services'.
- I then spent 12 years involved in adult social care commissioning (NHS/LA), working alongside social workers and allied health professionals and overseeing many of the types of 'services' that I had worked in previously.
- These insights have enabled me to set up an organisation **Self-Directed Futures** – we work with LA's and CCG's across the England promoting different ways of personalising commissioning and shifting the locus of control over to people and families.
- I am also a consultant with the Institute of Public Care and run a small non CQC registered 'micro provider' organisation in Dorset supporting adults with learning disabilities using personal budgets.

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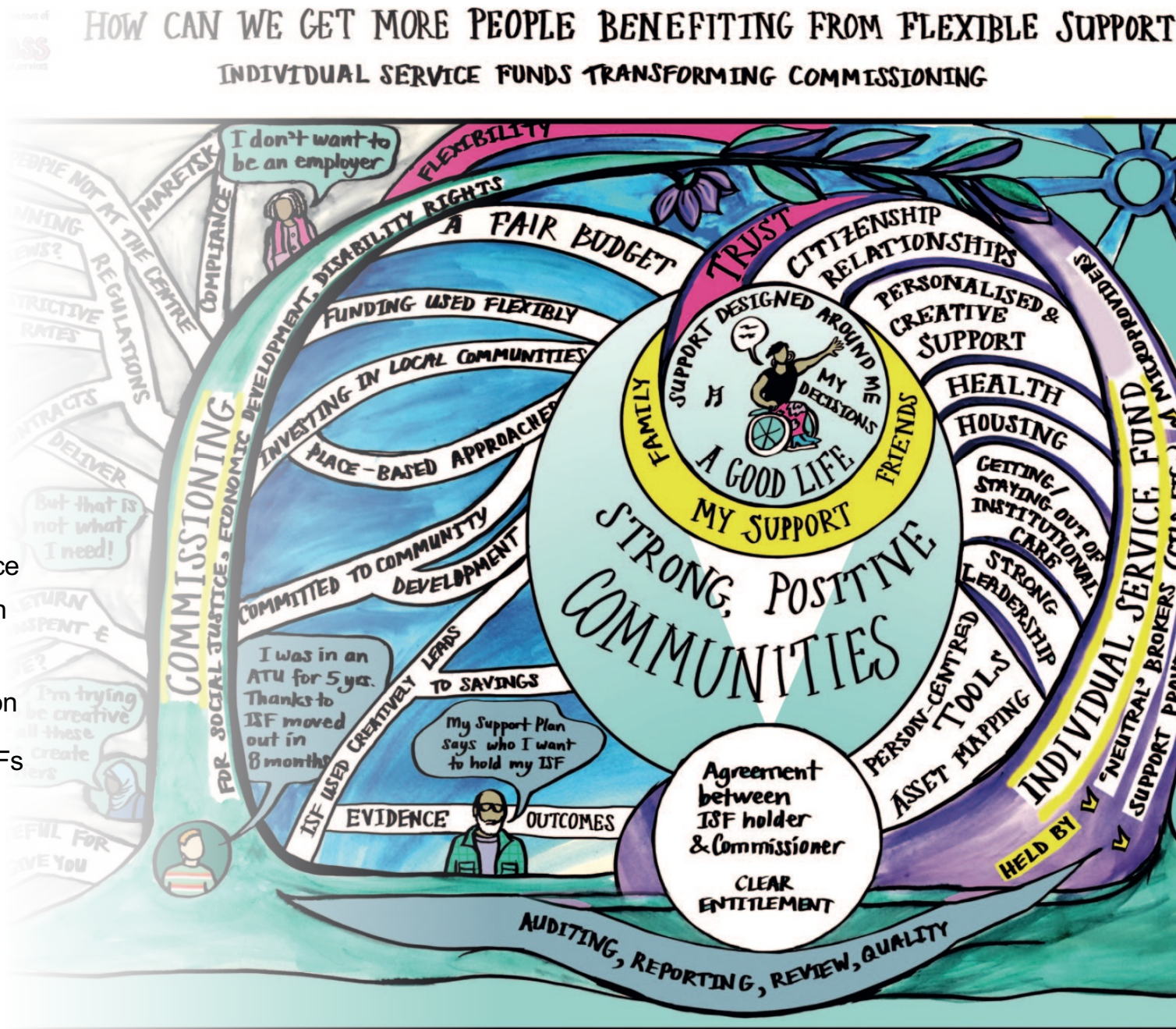




OUR OFFER

Self-Directed Futures provides practical assistance, training and consultancy to a whole range of organisations including support providers, voluntary and community sector organisations; clinical commissioning groups; local authorities and others who aspire to make radical change for the benefit of citizens. The collective knowledge, skills and experience of our associates means that we are able to provide practical advice and support on a whole range of issues -we help with:

- Co-production & developing your vision for ISFs
- Commissioning for personalisation/ISFs
- Training around SDS and ISFs
- Market engagement and market shaping to support ISF approaches
- Stakeholder consultation
- Coaching & mentoring ISF providers/social workers
- ISF Evaluations/data



East of England Building Positive Futures Programme, ADASS and TLAP. Online, 2020-2021. Graphics by www.penmendonca.com @MendoncaPen
This graphic includes work presented by the Centre for Welfare Reform and colleagues

OUR MISSION

Enhancing Real Wealth

Achieving Citizenship



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WHAT IS
STRONG



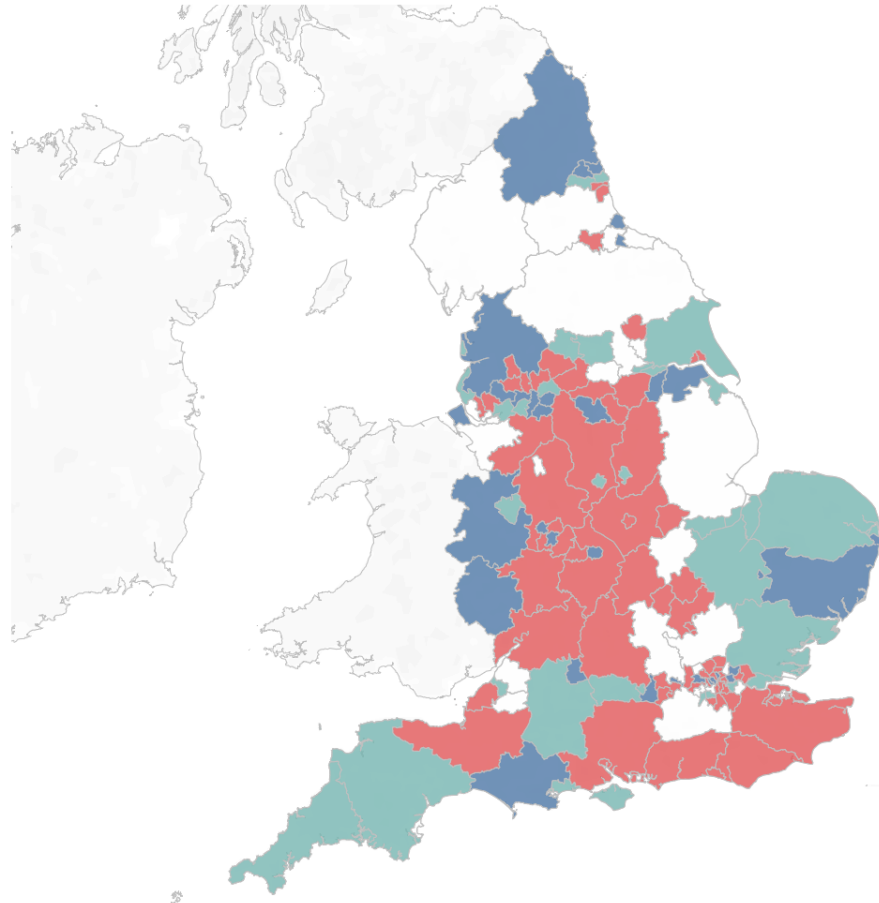
A WIDENING OFFER



Progress on ISFs

Available | **Trialled or part offered** | Not available

Blank areas haven't yet responded to FOI, final results due in September 2023



Progress over time

2019

2

2021

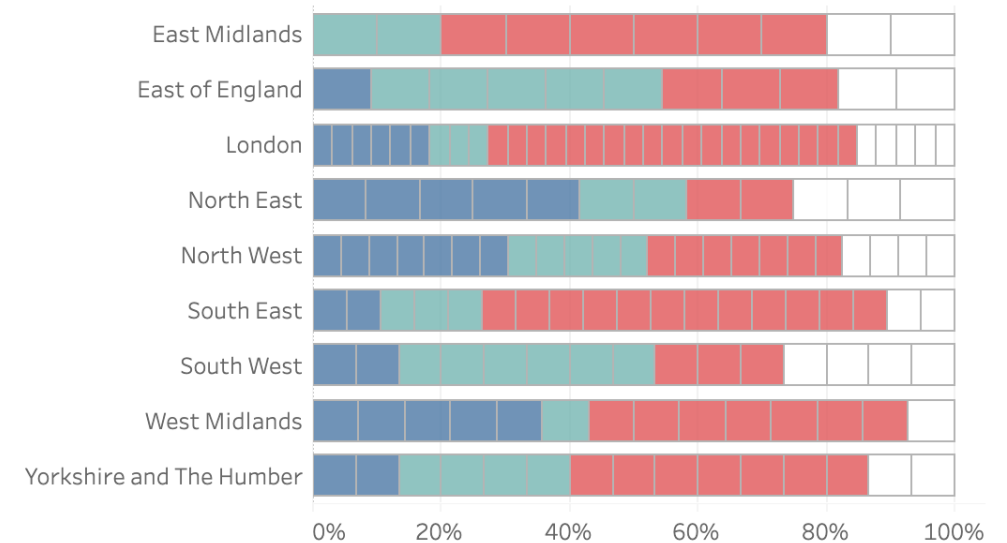
15

2023

30

Regional differences

Click region to filter map, hover to see past years



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NEW ADOPTERS

GREENWICH

BCP COUNCIL

SUFFOLK

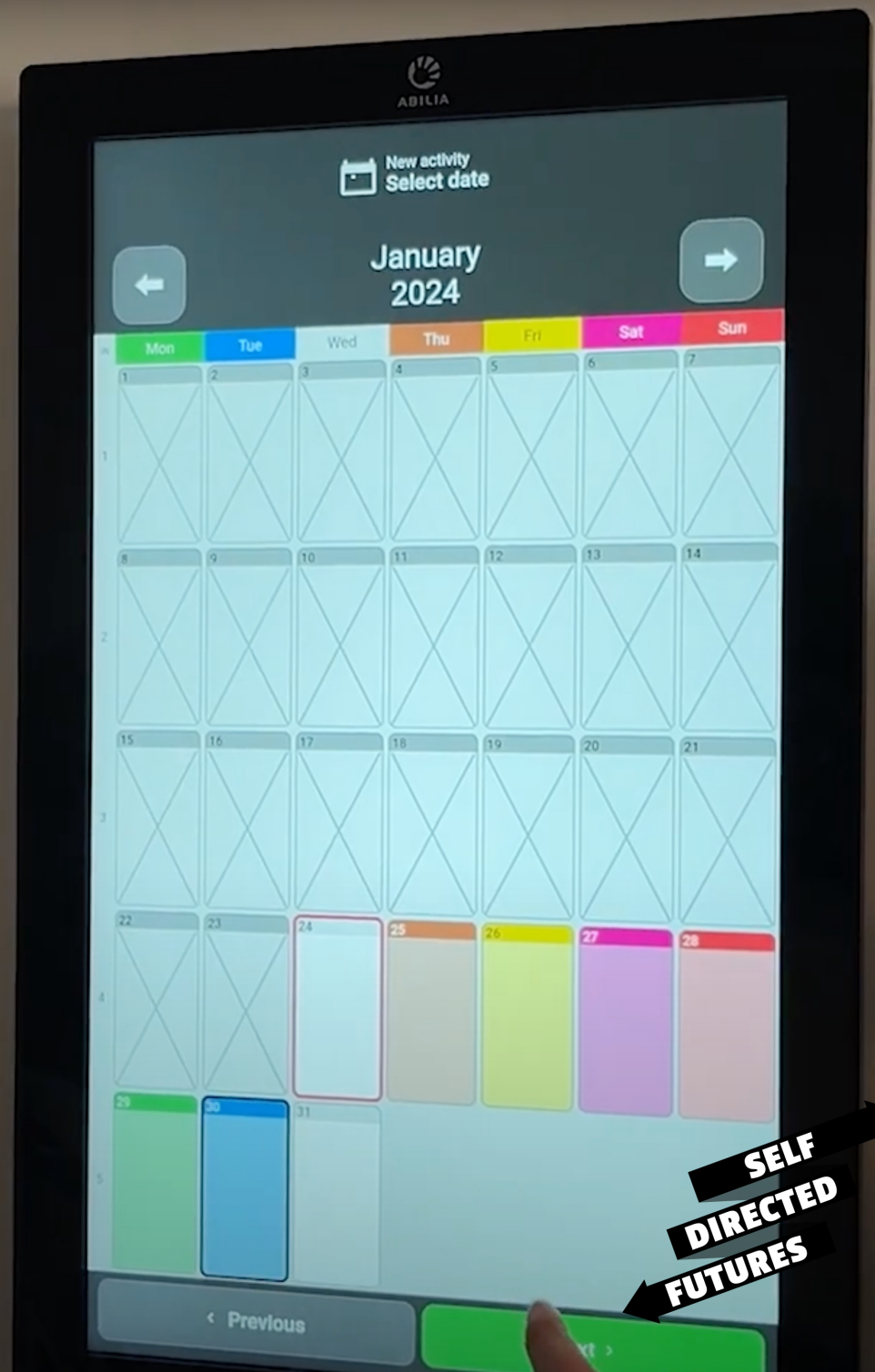
WEST SUSSEX



NATIONAL SUPPORT



CHANGING LIVES



Making a difference

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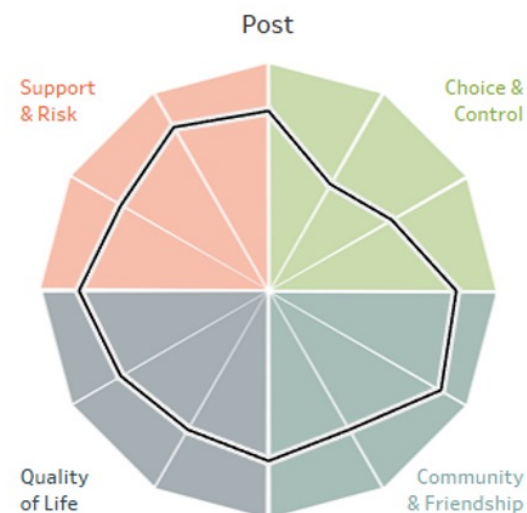
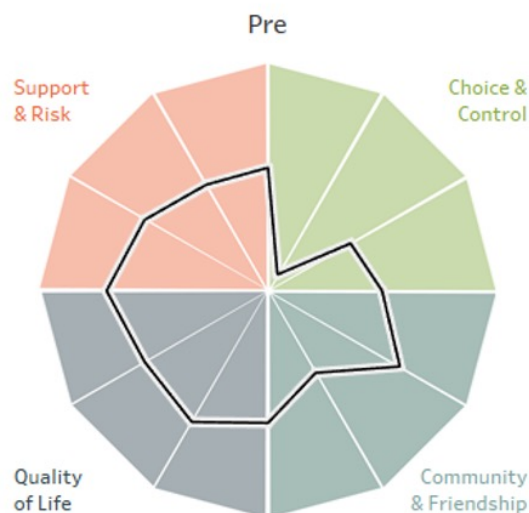
Individual Service Funds

This survey asked recipients of ISFs about their experiences before and after (6 months +) receiving their ISF. The questions relate to key aspects of an individual's life. There were 6 individuals who completed both the pre and post survey.

Improvements were seen in all areas with the largest increases in pre and post score being:

- I know how much I have to spend
- I am involved in my local community
- I have support from my community
- I look forward to my days

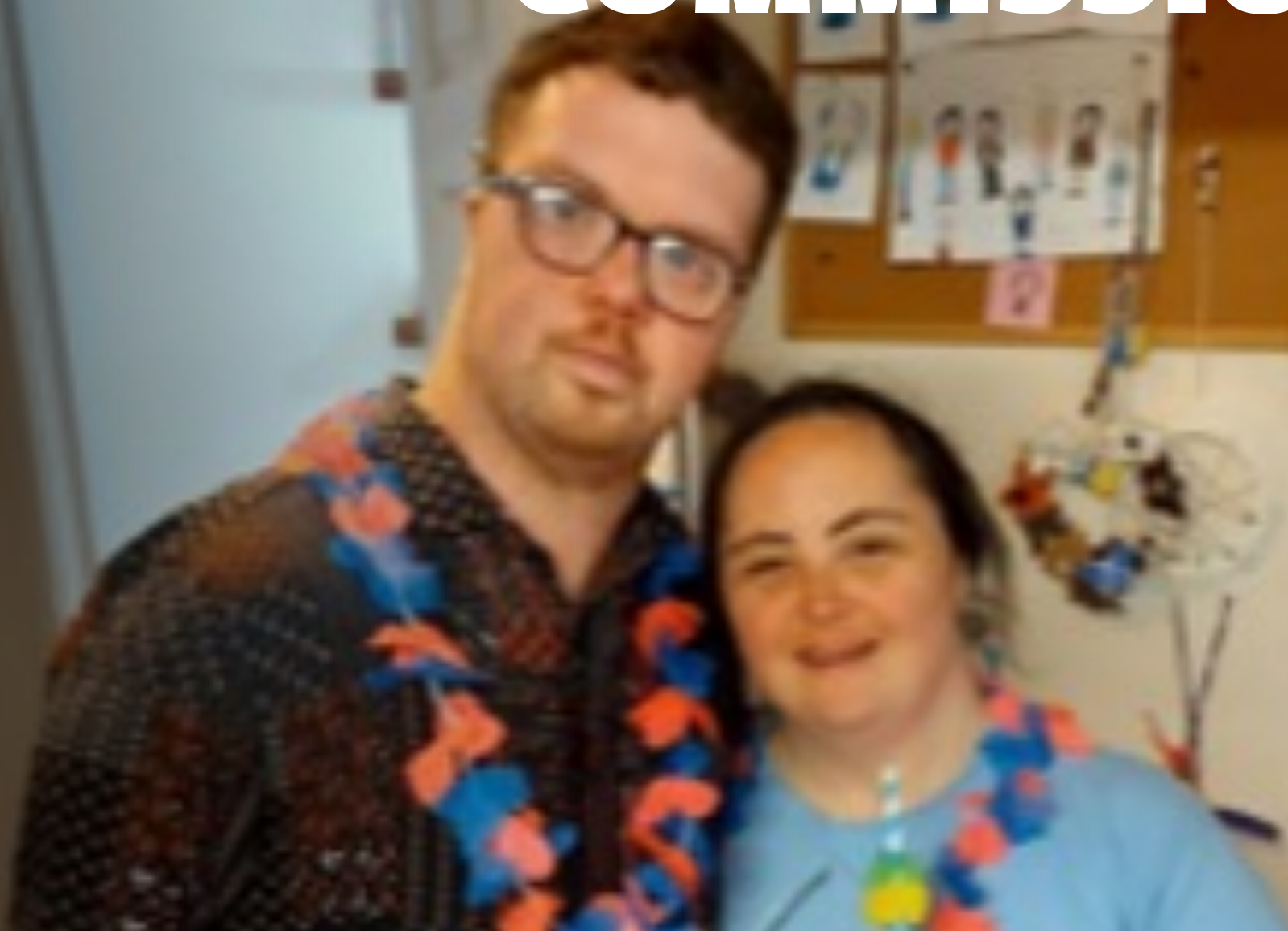
This analysis can be updated as more individuals complete the survey.



Pre/post difference			Pre/post difference	Strongly disagree = 1	Strongly agree = 5
1.2	Choice, Control & Flexibility	I know how much I have to spend	1.8		
		I am involved in designing and directing my own support	1.0		
		I have control over how my money is spent	0.8		
1.1	Community, Friendship & Citizenship	I am involved in my local community	1.3		
		I have support from my community (not paid support)	1.2		
		I see important people in my life	0.8		
0.7	Quality of Life	I look forward to my days because I have purpose	1.2		
		I enjoy an active healthy life	0.5		
		I feel I have a good quality of life	0.5		
0.4	Support & Risk	I set my own support plan goals	0.7		
		I am supported to do new things, even if there is some risk to me	0.5		
		The support I get allows me to live a more independent life	0.2		

TOP TIPS FOR COMMISSIONERS

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CO-PRODUCE SPECIFICATIONS

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**CO-PRODUCE
QUALITY
STANDARDS**

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RECRUIT ON VALUES

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**BE CLEAR AROUND
BUDGET SETTING**

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BAKE IN CREATIVITY





**BE FLEXIBLE AROUND
PAYMENTS**

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REWARD GOOD PRACTICE



**PROVIDE
ONGOING
TRAINING
&
SUPPORT**

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JOIN US

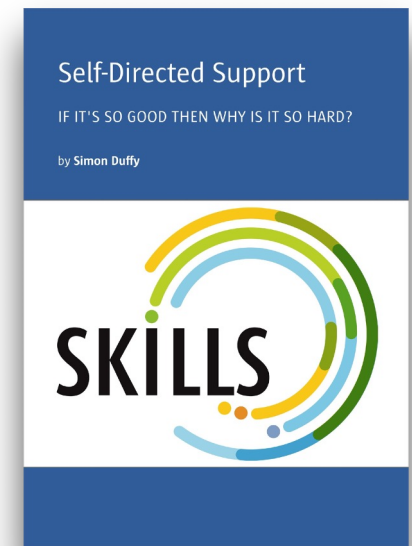
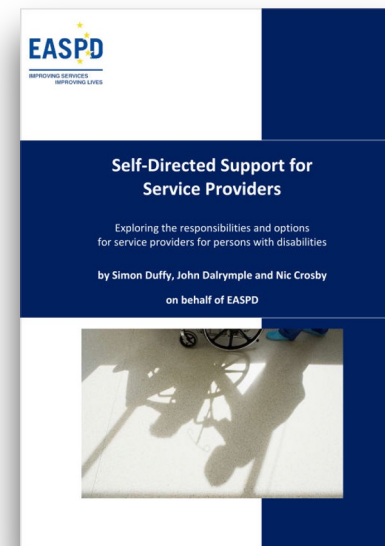
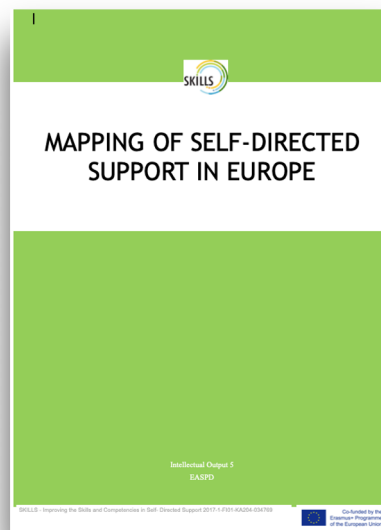




To join email chris.watson@selfdirectedfutures.co.uk
or fill out the short registration from here

<https://docs.google.com/forms/d/e/1FAIpQLSe1KHA0ivh9hhCPjyW96fQ5POL0yYaHz08Ps92cX6kgyYX6ug/viewform>

<https://citizen-network.org/resources/selfdirected-support-network.html>



FURTHER READING

